

Winter Coaching Workshops

Saturday 19 November 2016

Saturday 14 January 2017

Saturday 11 March 2017

Venue: - Grange Community Centre,
Redding Road, Brighton
Falkirk, FK2 0AA

Arrival time 9am departure time 5pm. Each workshop will cost £10. Workshops need to be booked and paid for in advance to ensure a place. The payment will go towards the cost of the venue and coaches travel expenses. All attendees must be able to show proof of affiliation to SAA/AGB.

Juniors under 16 years of age must be accompanied by an adult.

Cooking facilities i.e. cooker/microwave are available for use, as are tea and coffee facilities. Archers should bring their own lunch snacks etc. Tea, coffee and biscuits will be provided.

What's on offer: -

There will be several coaches at each workshop to offer help, advice and coaching to archers. Workshops will be based on the abilities and needs of archers and will, depending on demand, include string making, arrow straightening, fletching and bow tuning.

Please note – A coach will be happy to help you make a new string for your bow. There will be a small charge to cover the cost of the material.

Places are limited to twenty and allocated on a first come basis.

Please fill in and return the slip below with correct payment as soon as possible. If you have any questions about the workshop please feel free to contact me - joherd87@gmail.com.

Name

Club

I would like to attend the following workshops

Saturday 19 November 2016	yes/no
Saturday 14 January 2017	yes/no
Saturday 11 March 2017	yes/no

I have enclosed my payment for £.....

Signed



